MONADNOCK BATON CHART
Escalation Of Trauma By Vital And Vulnerable Striking Areas

Ears (2)
Bridge of Nose (4)
Lower Jaw (6)
Collarbone (8)
Upper Abdomen
Temple (1)
Eyes (3)
Upper Jaw (5)
Throat (7)
Shoulder
Solar Plexus (9)
Rib Cage
Groin (11)
Thigh
Instep (14)

Hollow behind Ear (16)
Back of Neck (15)
Upper Arm
Kidney (18)
Inside of Wrist (21)
Back of Hand (23)
Buttock
Tail Bone (Coccyx) (19)
Calf

STRIKING

GREEN TARGET AREAS
REASONING: Minimal level of resultant trauma. Injury tends to be temporary rather than long-lasting, however exceptions can occur.
Except for the HEAD, NECK, and SPINE, the whole body is a Green Target Area for the application of baton blocking and restraint skills.

YELLOW TARGET AREAS
REASONING: Moderate to serious level of resultant trauma. Injury tends to be more long-lasting, but may also be temporary.

RED TARGET AREAS
REASONING: Highest level of resultant trauma. Injury tends to range from serious to long-lasting rather than temporary and may include unconsciousness, serious bodily injury, shock or death.

©1998 MONADNOCK POLICE TRAINING COUNCIL, INC. Fitzwilliam, New Hampshire USA